

SUGGESTED USE: 2 capsules twice daily with food or as directed by a healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if shrinkwrap is broken or missing.

STORAGE: Store in a cool, dry place below 85°F away from direct light. Do not freeze. Keep out of reach of children.

Bone Nutrients provides easy-to-absorb forms of calcium, magnesium, and boron and selected vitamins. Bone Nutrients enhances the comprehensive nutritional benefits of multiple vitamin/mineral supplements, and when taken together these two formulas offer more comprehensive calcium and magnesium support.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.

‡Albion® and TRAACS® are registered trademarks of Albion® Laboratories, Inc.

Bone Nutrients meets or exceeds cGMP Quality Standards.



T A R G E T E D S U P P O R T



Seeking Health®

Bone Nutrients

Dietary Supplement

120 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 60

Amount Per 2 Capsules	% Daily Value	
Vitamin D ₃ (as cholecalciferol)	5 mcg	25%
Vitamin K (50% as vitamin K ₁ phytonadione, 25% as vitamin K ₂ menaquinone-4, and 25% as vitamin K ₂ menaquinone-7)	200 mcg	167%
Calcium (as calcium citrate-malate complex)	250 mg	19%
Magnesium (as TRAACS® magnesium bisglycinate chelate, magnesium oxide‡)	100 mg	24%
Boron (as boron aspartate-citrate complex)	0.5 mg	*

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, and ascorbyl palmitate.

Manufactured for and Distributed by:

Seeking Health, LLC
3140 Mercer Ave.
Bellingham, WA 98225
(800) 547-9812

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